



### **Part 1: Short Vowel Sounds a as in cap vs. u as in cup**

The a sound is long: ca-ap. The u sound is short: cup

You can practice this by checking out this lesson from the vowel pronunciation course:  
<https://members.myhappyenglish.com/vowels-contrast-short-a-with-short-u-like-cap-cup/>

### **Part 2: The double T**

In American English, the unstressed double T is usually pronounced as an weak D sound

1. utterly...sounds like...udderly
2. battery...sounds like..baddery
3. little...sounds like..liddle

### **Part 3: Different slang ways to say that you're tired:**

- I was beat
- I was bushed
- I was fried
- I was out of it
- I was run down (physically exhausted)
- I was spacing out
- I was spent
- I was staring into space
- I was wiped
- I was zoning out
- I'm out of it = (also means to be on drugs/alcohol)
- I've run out of energy
- My brain is fried
- My mind is blank = I cannot come up with an idea
- My mind is wandering